

# 1. Joldelund Marathon am 06. Dezember 2015

## Gesamtauswertung

Platz	Vorname	Nachname	Verein	AK	AK-Platz	HM								Marathon
						5,27 km 1. Runde	10,55 km 2. Runde	15,82 km 3. Runde	21,10 km 4. Runde	26,37 km 5. Runde	31,65 km 6. Runde	36,92 km 7. Runde	42,195 km 8. Runde	
<b>Marathon weiblich (8 Runden)</b>														
1.	Inge	Brandts	MTV Leck	W60	1.	00:28:12	00:57:09	01:27:16	01:57:38	02:29:03	03:00:49	03:34:15	04:07:32	
2.	Renate	Thomsen	TSV Lindewitt	W60	2.	00:33:40	01:08:19	01:43:01	02:10:04	02:57:31	03:35:38	04:14:30	04:53:00	
3.	Brigitte	Stelzer	TSV Lindewitt	W60	3.	00:33:40	01:08:20	01:43:02	02:10:07	02:57:26	03:36:49	04:19:35	05:02:33	
<b>Marathon männlich (8 Runden)</b>														
1.	Thorsten	Vicentini	Fri Ööwingsfloose	M35	1.	00:25:33	00:50:08	01:14:15	01:38:46	02:03:44	02:29:39	02:56:40	03:25:41	
2.	Stefan	Riedel	SV Freie Waldorfschule Flensburg	M50	1.	00:25:39	00:51:44	01:18:01	01:44:14	02:10:26	02:36:29	03:03:10	03:30:16	
3.	Hans-Jürgen	Gregersen	SV Freie Waldorfschule Flensburg	M55	1.	00:25:32	00:50:07	01:14:54	01:40:33	02:07:27	02:35:30	03:04:08	03:33:36	
4.	Rolf	Niebergall	SV Enge-Sande	M50	2.	00:25:38	00:50:10	01:14:42	01:39:20	02:05:03	02:31:57	03:02:10	03:33:53	
5.	Jens-Uwe	Gilgen	MTV Leck	M50	3.	00:26:24	00:53:03	01:19:45	01:47:09	02:13:50	02:41:22	03:10:15	03:38:50	
6.	Frank	Lorenzen	TSV Goldebek	M40	1.	00:26:11	00:53:03	01:19:44	01:47:52	02:16:20	02:44:35	03:15:49	03:47:13	
7.	Ocke	Junge	Fri Ööwingsfloose	M50	4.	00:27:02	00:54:10	01:21:00	01:47:59	02:16:52	02:46:28	03:17:35	03:49:08	
8.	Reiner	Hansen	TSV Goldebek	M45	1.	00:27:32	00:55:45	01:24:38	01:52:58	02:22:41	02:55:20	03:30:29	04:07:09	
9.	Jan	Petersen	TSV Goldebek	M45	2.	00:27:33	00:55:46	01:24:39	01:52:56	02:22:42	02:55:21	03:30:31	04:07:09	
10.	Herbert	Hansen	TSV Goldebek	M50	5.	00:33:39	01:07:25	01:41:12	02:15:32	02:51:01	03:29:54	04:15:09	04:58:13	
<b>6 Runden (31,65 km):</b>														
1.	Mathias	Paulsen	SV Enge-Sande			00:28:10	00:56:45	01:24:57	01:54:57	02:26:15	03:02:27			
2.	Maik	Duus	TSV Goldebek			00:33:34	01:05:21	01:38:04	02:11:44	02:48:28	03:30:01			
3.	Werner	Ketelsen	TSV Goldebek			00:33:39	00:07:29	01:41:14	02:15:28	02:55:59	03:41:57			
<b>5 Runden (26,37 km):</b>														
1.	Kevin	Lieck	ALG VfI Bokel			00:26:10	00:51:22	01:17:31	01:43:05	02:12:35				
2.	Anne	Becker	SV Enge-Sande			00:26:55	00:53:02	01:19:43	01:46:14	02:12:37				
<b>4 Runden (Halbmarathon):</b>														
1.	Jan	Sievers	Fri Ööwingsfloose			00:27:00	00:54:09	01:20:59	01:47:51					
2.	Marco	Schütt	TSV Mildstedt			00:28:13	00:56:47	01:25:58	01:55:48					
3.	Bärbel	Schmidt	TSV Goldebek			00:31:03	01:01:24	01:32:10	02:03:23					
	Heidi	Hansen	TSV Goldebek			00:33:46	01:07:24	01:41:28	02:15:16					
4.	Renate	Hansen	TSV Goldebek			00:33:43	01:07:27	01:41:13	02:15:16					
	Birte	Hansen	TSV Goldebek			00:33:40	01:07:26	01:41:15	02:15:16					
7.	Dörte	Watzke	Fri Ööwingsfloose			00:35:04	01:11:12	01:48:34	02:28:58					